

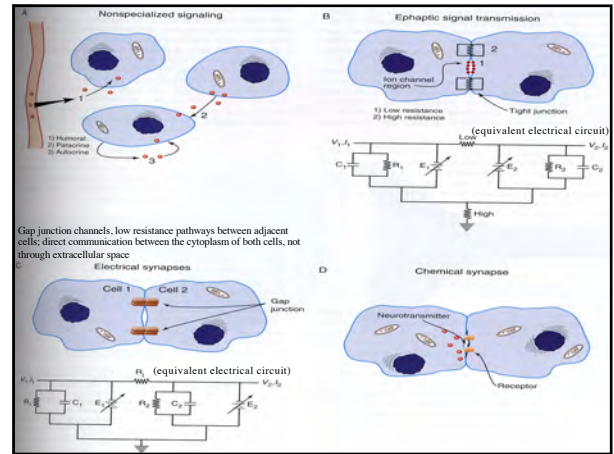
Advanced Neurobiology

Course No: BSE1012
Credits: 3.00

Tuesday: 9:30am – 12:30pm

3. Neurotransmitters

Prof. Dr. Klaus Heese



Criteria for a Neurotransmitter

Neurotransmitters are endogenous substances that are released from neurons, act on receptor sites that are typically present on membranes of postsynaptic cells, and produce a functional change in the properties of the target cell:

- 1) A neurotransmitter must be synthesized by and released from neurons. This means that the presynaptic neuron should contain a transmitter and the appropriate enzymes need to synthesize the neurotransmitter. Synthesis in the axon terminal is not an absolute requirement. For example, peptide transmitters are synthesized in the cell body and transported to distant sites, where they are released.
- 2) The substance should be released from nerve terminals in a chemically or pharmacologically identifiable form. Thus, one should be able to isolate the transmitter and characterize its structure using biochemical or other techniques.
- 3) A neurotransmitter should reproduce at the postsynaptic cell the specific event (such as changes in membrane properties) that are seen after stimulation of the presynaptic neuron.
- 4) The effect of a putative neurotransmitter should be blocked by competitive antagonists of the transmitter in a dose-dependent manner. In addition, treatment that inhibits synthesis of the transmitter candidate should block the effects of presynaptic stimulation.
- 5) There should be active mechanisms to terminate the action of the putative neurotransmitter (enzymatic or reuptake by neurons/cells).

The Process of Chemical Neurotransmission can be Divided into Five Steps

- 1) Synthesis of the neurotransmitter in the presynaptic neuron
- 2) Storage of the neurotransmitter and/or its precursor in the presynaptic nerve terminal
- 3) Release of the neurotransmitter into the synaptic cleft
- 4) Binding and recognition of the neurotransmitter by target receptors
- 5) Termination of the action of the released transmitter

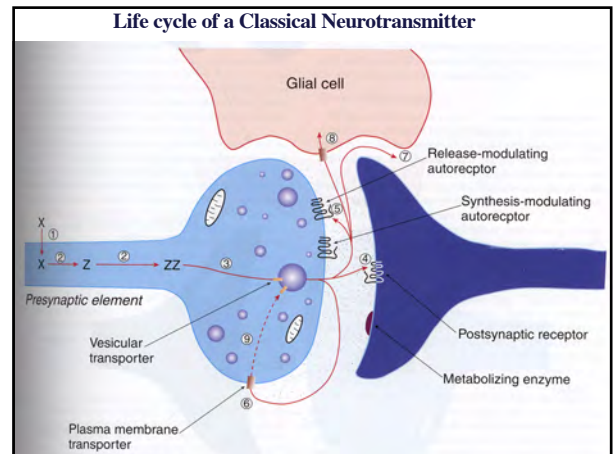
Classical Neurotransmitters

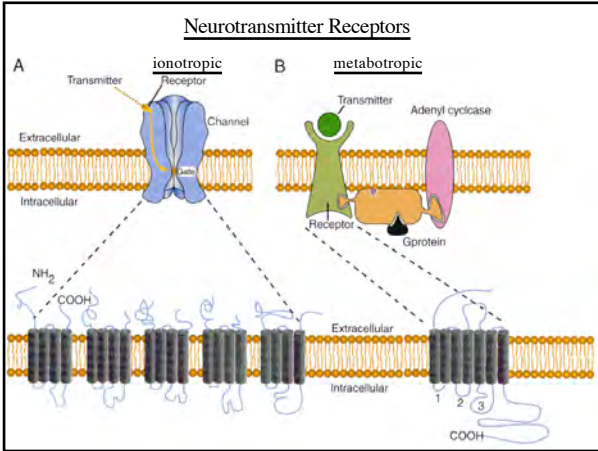
- 1) Acetylcholine, biogenic amines, amino acids
- 2) Others

Storage vesicles for classical transmitters are smaller.

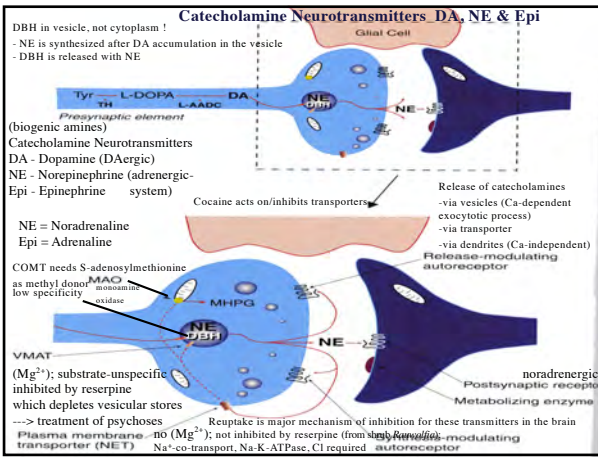
Classical transmitters are subject to active reuptake by presynaptic cells and thus can be viewed as homeostatically conserved; in contrast, there is no energy-dependent, high-affinity reuptake process for non-classical transmitters.

Most classical transmitters are synthesized in the nerve terminal by enzymatic action; peptides, however, are synthesized in the soma from a precursor protein and are then transported to the nerve terminal.

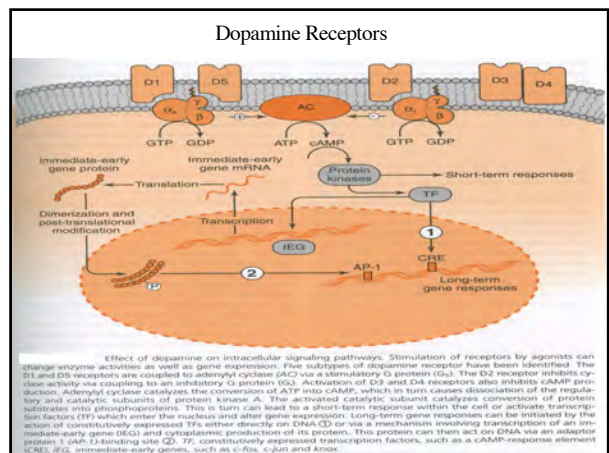
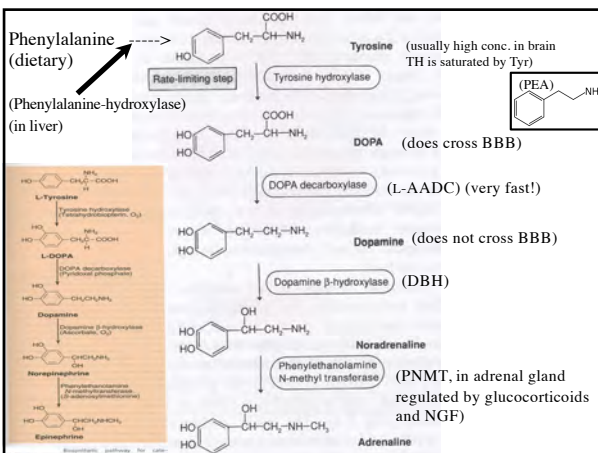




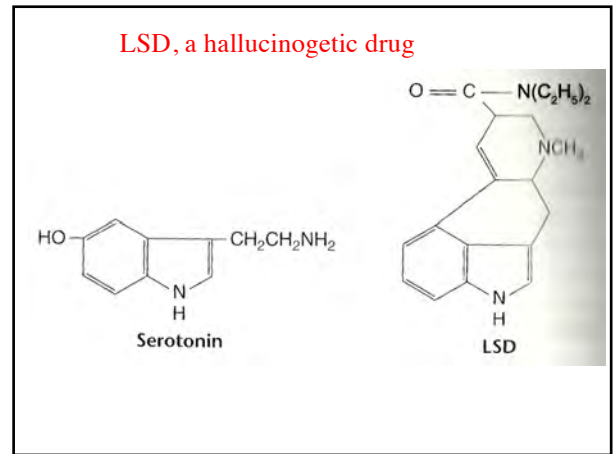
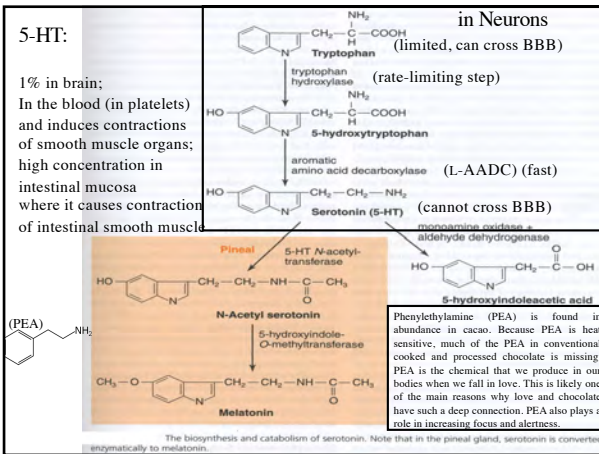
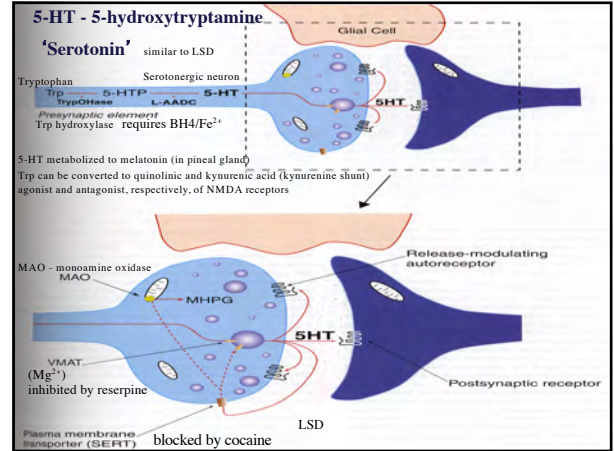
Catecholamine Neurotransmitters DA, NE & Epi



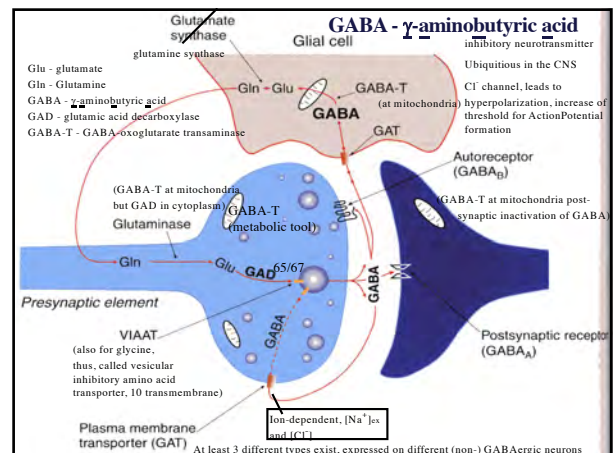
Dopamine & NA-system

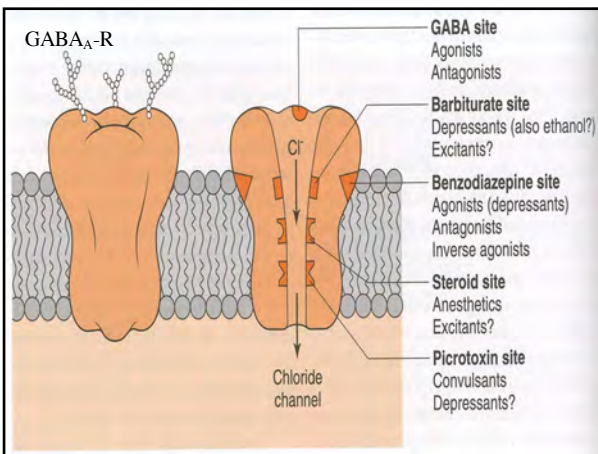
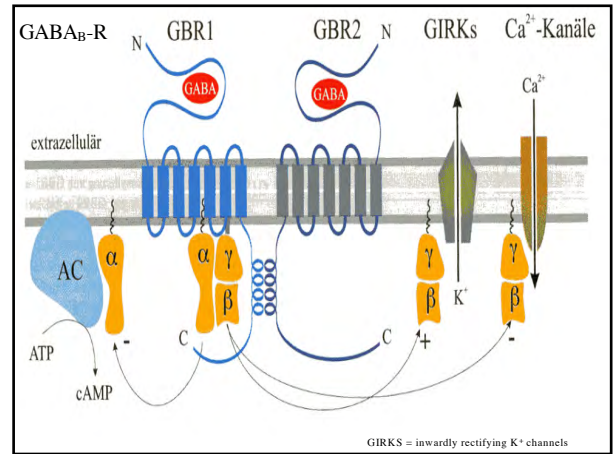
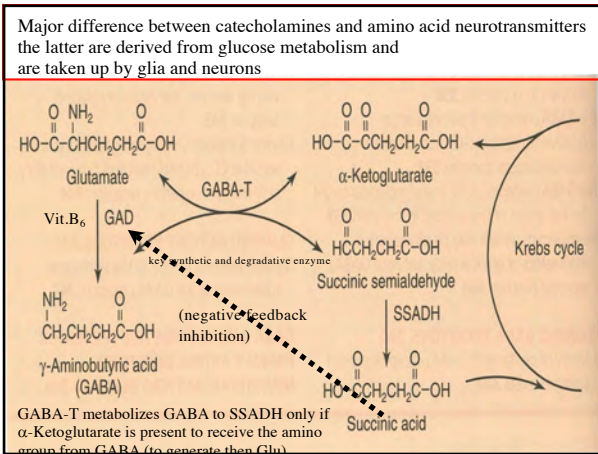


5-HT-system

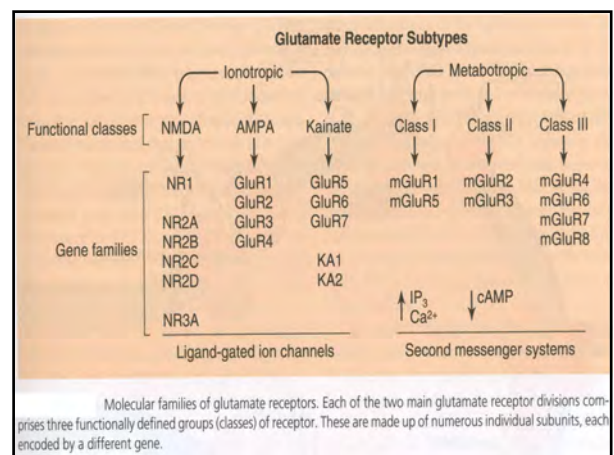
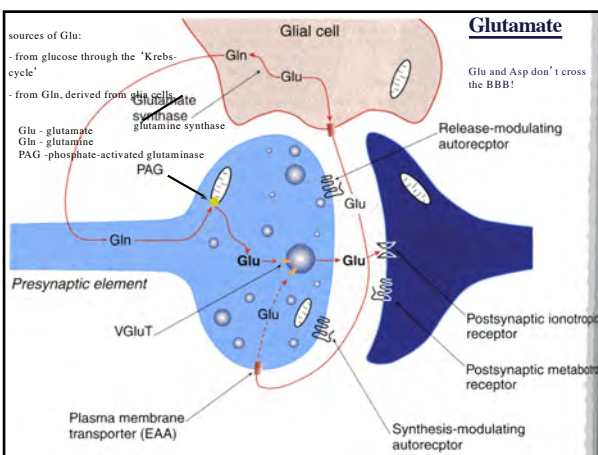


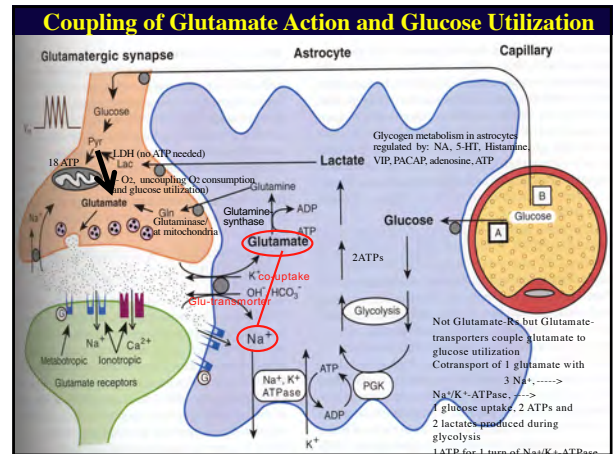
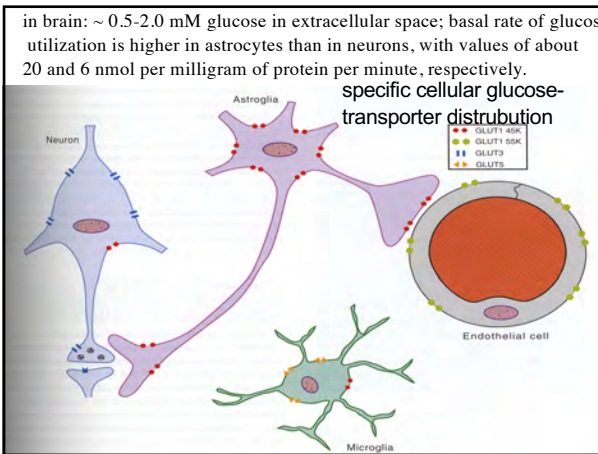
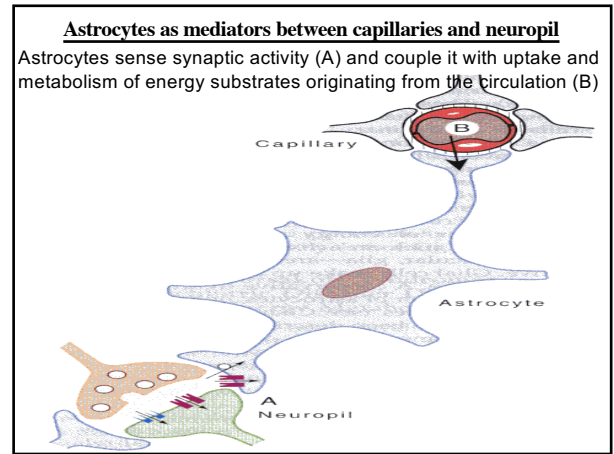
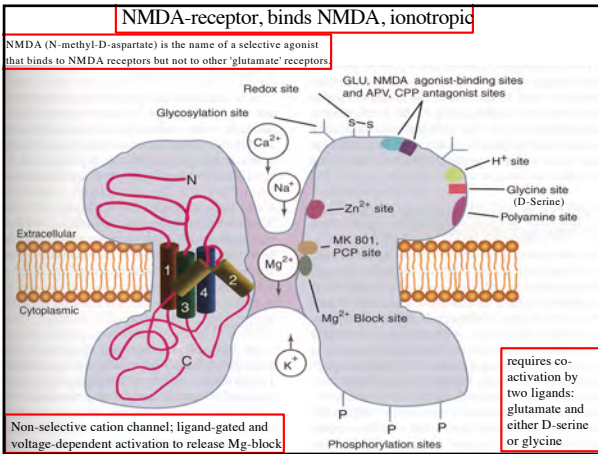
GABA-system





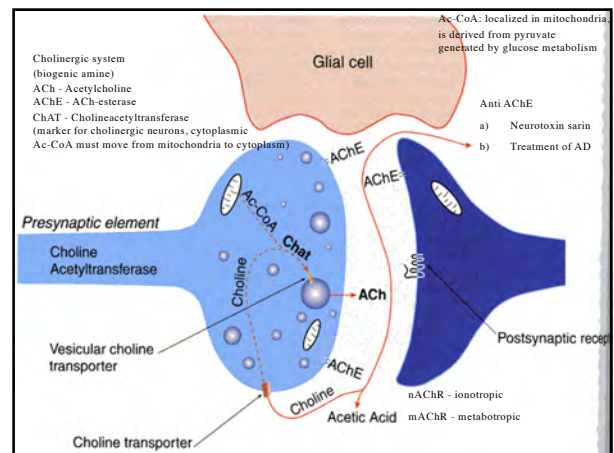
Glutamate-system

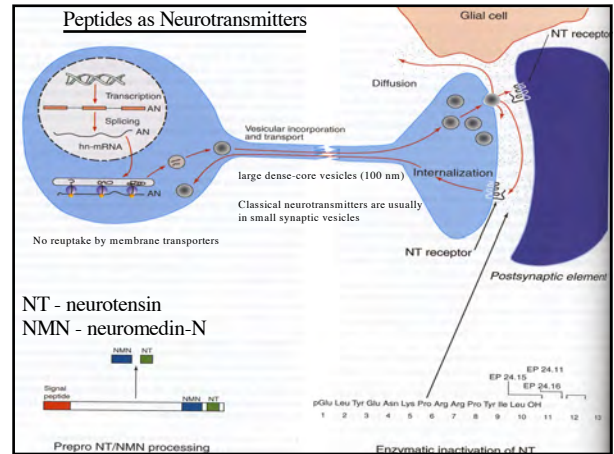
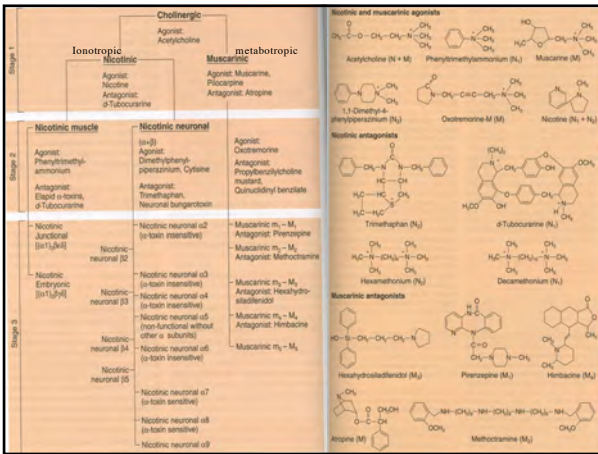




Acetylcholine (ACh)

Important Neurotransmitter in CNS and of e.g.: motoneurons, preganglionic sympathetic neurons, and neurons innervating sweat glands





Major differences between 'classical' (Glu, GABA and ACh)- and peptide (for instance neurotensin (NT)) neurotransmitters:

In most cases, genes encoding peptide transmitters give rise to prohormone which is incorporated into secretory granules after transcription, it is then acted on by peptidases to form the peptid transmitter, thus, peptide transmitters differ from classical transmitter by being synthesized in the soma rather than axon terminal. The active transmitter thus must be transported in vesicles to the nerve terminal. Termination of peptide transmitter action differs from that of classical transmitters, being achieved mainly by enzymatic means and diffusion. Peptides: lack of a specific high-affinity active reuptake process and there is much less specificity in the enzymatic inactivation of peptide transmitters. [For example, a metalloendopeptidase that inactivates enkephalins, small pentapeptide opioid-like transmitters, is frequently called enkephalinase but is also critically involved in the inactivation of several other neuropeptides.]

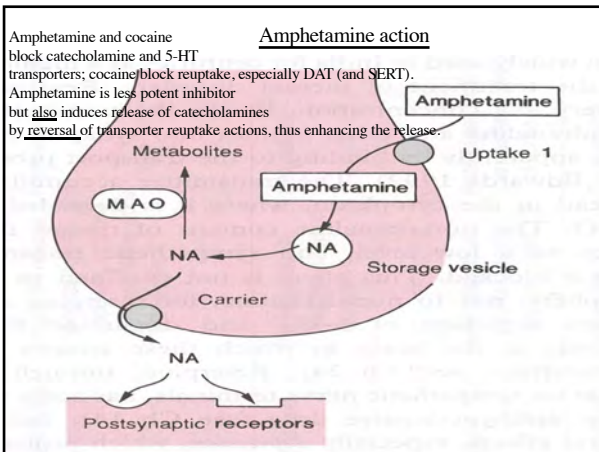
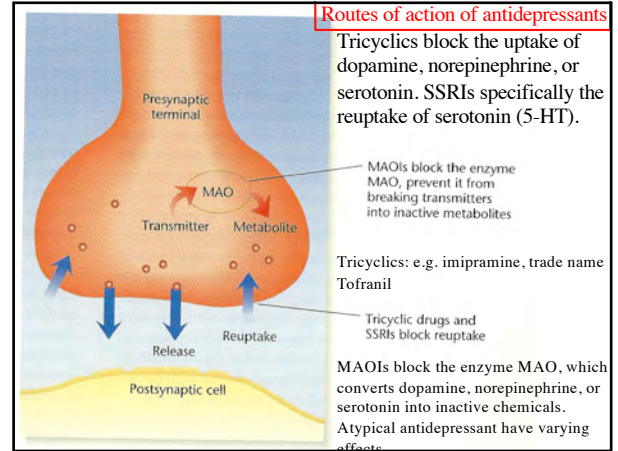
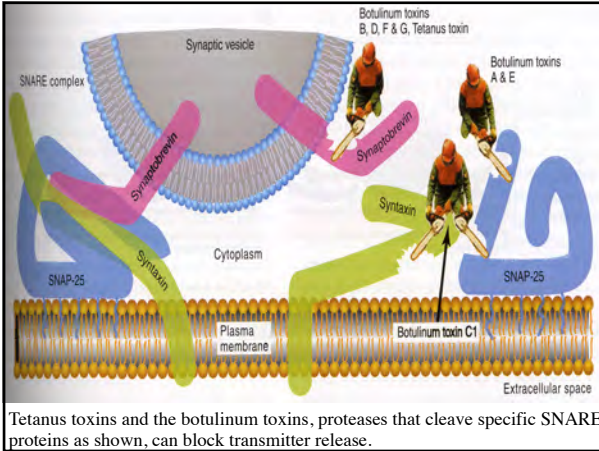
Major differences between 'classical' (Glu, GABA and ACh)- and peptide (for instance neurotensin (NT)) neurotransmitters:

Termination (inactivation) of classical transmitters (small molecules that are derived from either amino acids (Glu, GABA) or intermediary metabolism; usually synthesized by the sequential action of key enzymes, in the general vicinity of where they are to be released) take place by a specific high-affinity active reuptake mechanism (Glu, GABA) to remove the transmitter from the extracellular space, and by enzymatic means (ACh), or both mechanism. One final difference in the inactivation of peptide and classical transmitter is the product. Once classical transmitters are catabolized the resultant metabolites are inactive at the transmitter receptor. However, certain peptide fragments derived from the enzymatic 'inactivation' of peptide transmitters are biologically active. An example is angiotensin I \rightarrow II (more active than I). It is therefore sometimes difficult to distinguish between synthetic processing and inactivation.

Major differences between 'classical' (Glu, GABA and ACh)- and peptide (for instance neurotensin (NT)) neurotransmitters:

The peptide that is stored in vesicles and then released is therefore considered the transmitter, although the actions of certain peptidase may lead to other biologically active fragments later on/upon release.

- five major steps involved in neurotransmission at CNS synapses**
- (1) Invasion of action potential into presynaptic terminal.
 - (2) Ca^{2+} influx into the nerve terminal through activation (opening) of voltage-dependent (gated) Ca^{2+} channels (VGCC).
 - (3) Docking (fusion) of synaptic vesicles with the terminal membrane (Exocytosis) and discharge of vesicular contents (neurotransmitters)
 - (4) Diffusion of neurotransmitters into the synaptic cleft and activation of (binding to) postsynaptic receptors.
 - (5) Diffusion and/or uptake (enzymatic inactivation) of neurotransmitters to terminate their actions.
- the major ions that contribute to shape the action potential and the basic properties of their channels.**
- (1) Na^{+} and K^{+} ions are responsible for shaping the action potential. The Na^{+} current underlies the rising phase of action potential, whereas the K^{+} current is responsible for the decaying phase (re-polarization) of action potential.
 - (2) The properties of Na^{+} channels:
 - a. The Na^{+} channel displays threshold where activation starts to occur.
 - b. The Na^{+} channel shows the regenerative activity (self-reinforcing) that underlies an overshoot of action potentials. Because of this property, the action potential can conduct along the axon and muscle fibers without attenuating its amplitude.
 - c. The Na^{+} channel exhibits an inactivation process, which determines the refractory period of action potential regeneration.
 - d. Tetrodotoxin (TTX) and cocaine selectively block the Na^{+} channel activation.
 - (3) The properties of K^{+} channels:
 - a. The activation of K^{+} channels proceeds depending on the membrane depolarization.
 - b. The K^{+} channels does not exhibit an inactivation with maintained membrane depolarization, which is in a sharp contrast to the Na^{+} channel activation.



Drugs	Main Effects on Behavior	Main Effects on Synapses
Amphetamine	Excitement, alertness, elevated mood, decreased fatigue	Increases release of dopamine and several other neurotransmitters
Cocaine	Excitement, alertness, elevated mood, decreased fatigue	Blocks reuptake of dopamine and several other neurotransmitters
Methylphenidate	Increased concentration	Blocks reuptake of dopamine and others, but more gradually than cocaine does
Nicotine	Mostly stimulant effects	Stimulates nicotinic-type acetylcholine receptor, which (among other effects) increases dopamine release in nucleus accumbens
Opiates	Relaxation, withdrawal, decreased pain	Stimulates endorphin receptors
Cannabinoids (marijuana)	Intensified sensory experiences, distorted sense of time, decreased pain and nausea	Excites negative-feedback receptors on presynaptic cells; thereby puts the brakes on release of either glutamate or GABA
LSD	Distorted sensations	Stimulates serotonin type 2 receptors (5-HT ₂)
Alcohol	Relaxation, decreased attention	Facilitates GABA _A receptor

Taking home message:

- Classical Neurotransmitters vs peptides
- Unconventional Transmitters
- Major difference between catecholamines and amino acid neurotransmitters
- Criteria for a neurotransmitter?
- Process (steps) of chemical neurotransmission?
- neuronal activity coupled to energy supply and controlled by by astrocytes

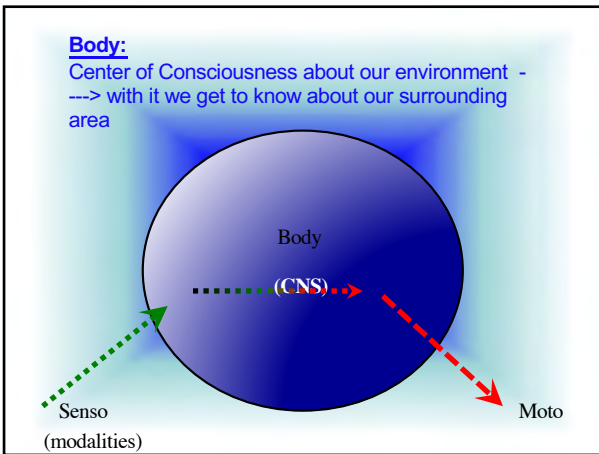
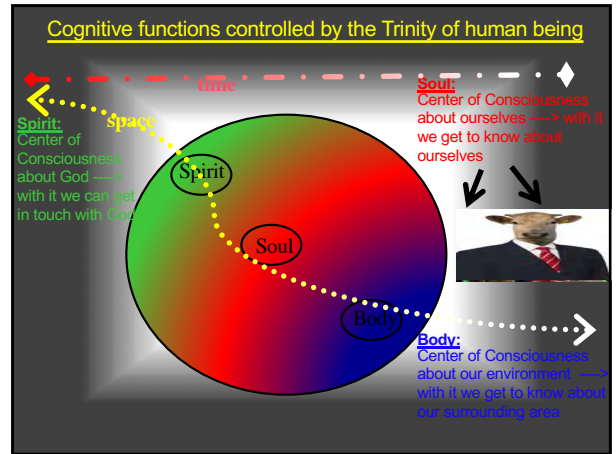
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5. Cognitive Neuroscience: Memory & Learning processes

Prof. Dr. Klaus Heese



Cognitive Neuroscience ----> Neuropsychology ---->

Memory & Learning

Genes, environment & education ----> **behavior**

environment and education: mechanisms: learning and memory

Red
?
?

Introduction: Memory, Dementia & Aging

Structures of the Brain that play a role in memory

The Queen's Birthday Telegrams to people reaching the age of 100

However, sadly.....memory and other cognitive functions do begin to fail in certain neurological diseases that tend to occur in older age.

1962 2002 2002

200 telegrams 3800 telegrams

Aging

Scotland 1911

Scotland 2031

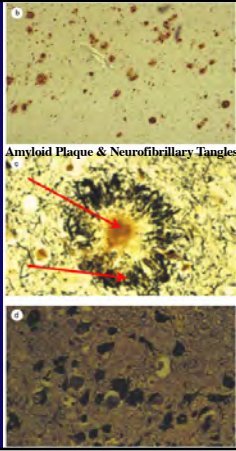
Age group (years) Age group (years)

Population in age/sex group (thousands) Population in age/sex group (thousands)


■ Males ■ Females

Alzheimer's Disease

Dementia



Amyloid Plaque & Neurofibrillary Tangles




Alois Alzheimer - Mrs Auguste D.

Alois Alzheimer (Marktbreit 1864 – 1915)

Alzheimer's Disease

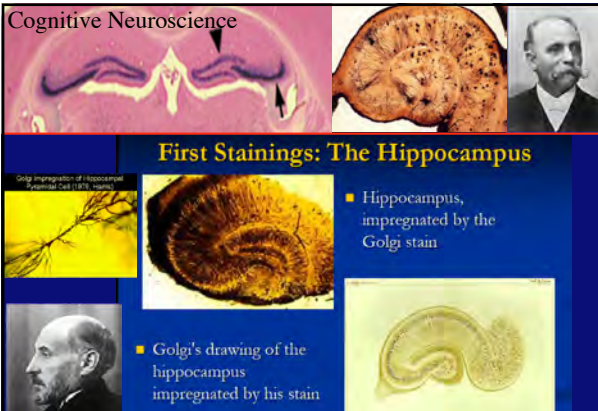
Symptoms and Brain Areas Most Affected



Judgement and Reasoning
Frontal Lobe
 Memory, spatial location
Hippocampus
 Memory, emotion
Amygdala

Cognitive Neuroscience

First Stainings: The Hippocampus

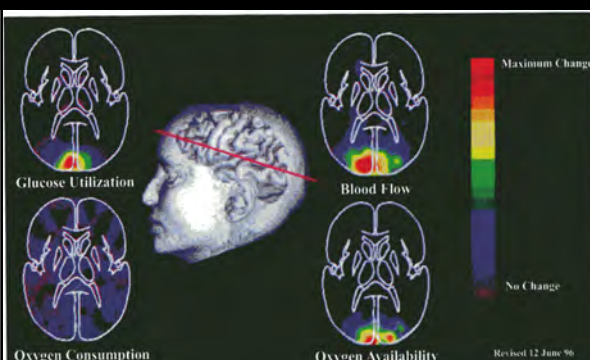


- Hippocampus, impregnated by the Golgi stain
- Golgi's drawing of the hippocampus impregnated by his stain

Memory & Learning

Cajal

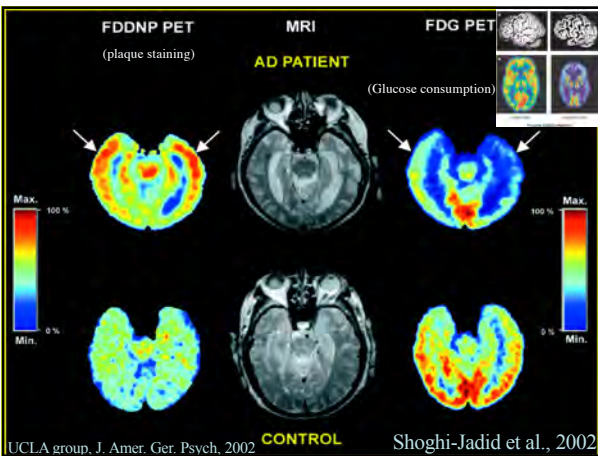
Brain function analysis using imaging technologies such as Positron Emission Tomography (PET)



Glucose Utilization
 Blood Flow
 Oxygen Consumption
 Oxygen Availability

Maximum Change
 No Change

Revised 12 June '96



FDDNP PET (plaque staining) **MRI** **FDG PET** (Glucose consumption)

AD PATIENT

CONTROL

UCLA group, J. Amer. Ger. Psych. 2002 Shoghi-Jadid et al., 2002

Different categories/types of Memory

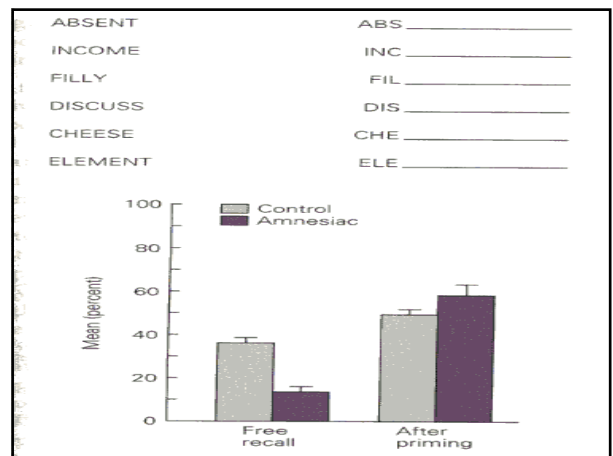
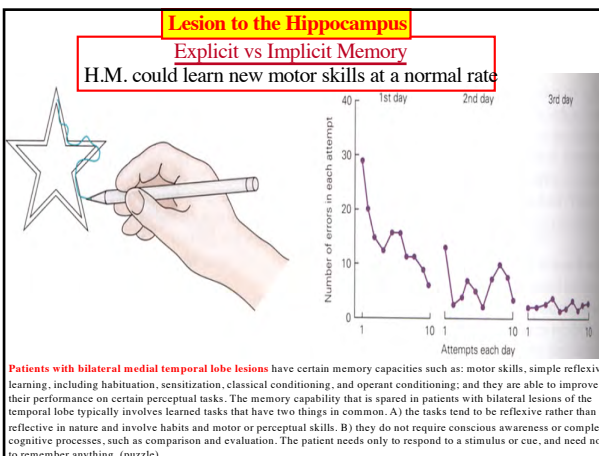
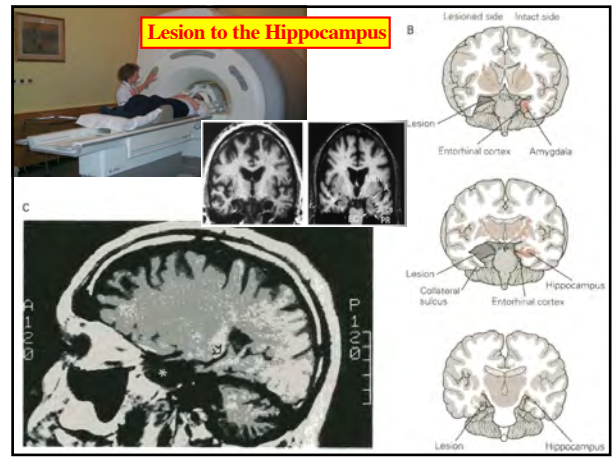
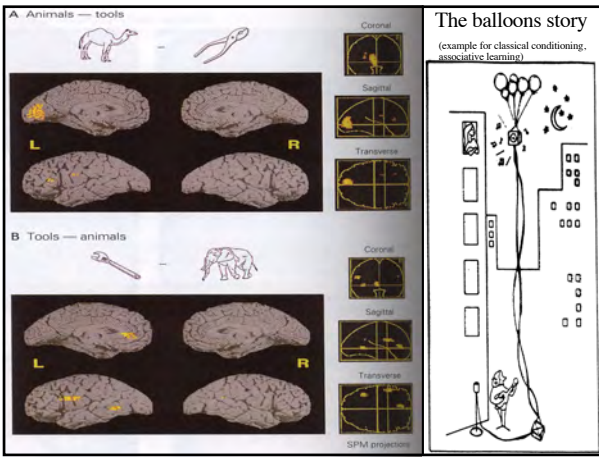
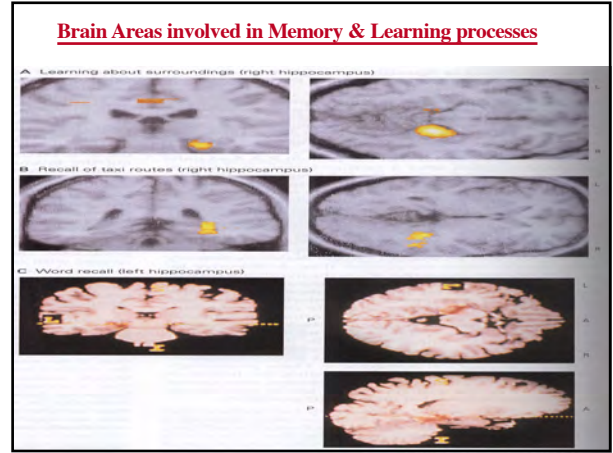
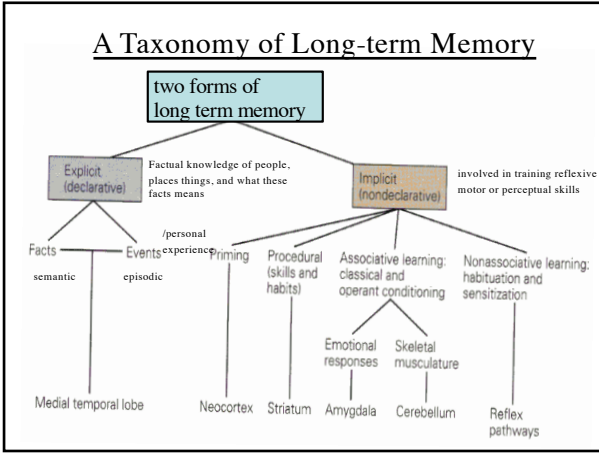
- When did you last ride a bicycle?
- What is a bicycle?
- How do you ride a bicycle? [Knowing How vs Knowing That](#)

These questions reveal the different "types" of long term memories we are capable of accessing.

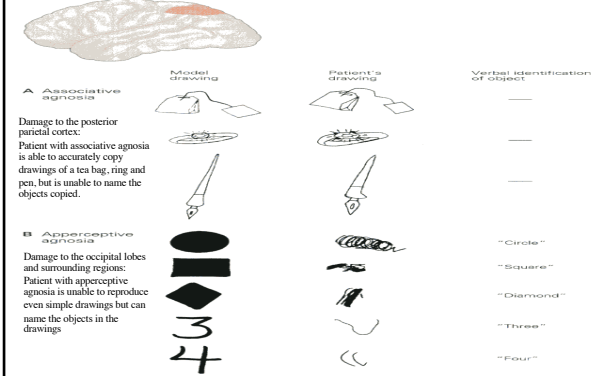
- Requires conscious recollection of unique temporally distinct past experience
- Requires conscious recollection of knowledge, but no unique "experience"
- Unanswerable - unconscious learning

Researchers have developed a number of different ways to conceptualise these differences.

The critical question is whether these "types" of memories reflect the operation of different memory systems, or whether they reflect different ways of accessing a unitary LTS.



Selective lesions in the posterior parietal cortex produce selective defects in semantic (Explicit Memory) knowledge



Explicit Memory

declarative memory that comprises factual knowledge of people, places and things, and what these facts mean. This is recalled by a deliberate, conscious effort. Explicit memory is highly flexible and involves the association of multiple bits and pieces of information. In contrast, *implicit memory* is more rigid and tightly connected to the original stimulus condition under which the learning occurred.

Explicit memory is stored in Association Cortices

can be further classified as

episodic (a memory for events and personal experience) or

semantic (a memory for facts)

Semantic (factual) knowledge is stored in a distributed fashion in the Neocortex. Semantic memory is that type of long-term memory that embraces knowledge of objects, facts, and concepts as well as words and their meaning. It includes the naming of objects, the definitions of spoken words, and verbal fluency.

We build up semantic knowledge through association over time. Different aspects (representations) of an object are stored separately. When we recall the object it comes to mind in one smooth and continuous operation. Semantic knowledge is not stored in a single region. Damage to a specific cortical area can lead to loss of specific information and therefore a fragmentation of knowledge.

Hippocampus is a temporary way station for long-term memory

Hippocampus slowly transfers information to the neocortical storage system

Patients with lesions in association areas have difficulty in recognizing faces, objects, and places in their familiar world.

Conceptualizing Memory Processes

Explicit knowledge involves at least four distinct processes.

Semantic and episodic knowledge:

- there is not a single, all purpose memory store
- any item of knowledge has multiple representations in the brain, each of which corresponds to a different meaning and can be accessed independently (by visual, verbal or other sensory clues).
- both, semantic and episodic knowledge are the result of at least four related but distinct types of processing: **encoding, consolidation, storage, and retrieval.**

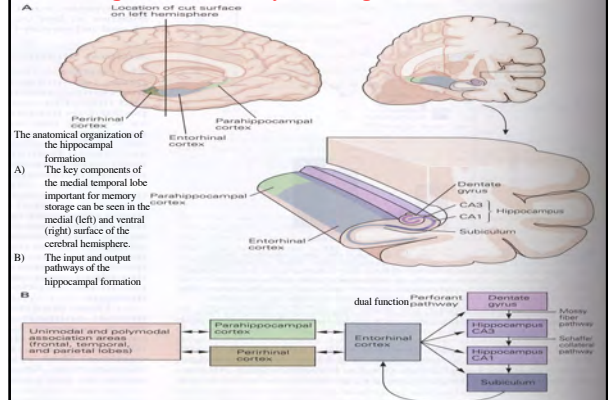
Encoding: processes by which newly learned information is attended to and processed when first encountered.

Consolidation: involves already gene expression and protein synthesis (an structural changes).

Storage: organize and retain information, mechanism by which memory is retained over time - long-term storage seems to have unlimited capacity. In contrast, short-term working memory is very limited.

Retrieval: Recall and use of stored information. Retrieval involves bringing different kind of information together that are stored separately in different storage sites. It is a constructive process and therefore subject to distortion.

Information must be passed through the hippocampal pathways before being stored as memory knowledge



Implicit Memory

driving a car → learning motor skills
 playing soccer
 learning a language

Memory storage does indeed involve many different regions of the brain, but these regions are not equally important.

Implicit memory: non-declarative memory, memory that is recalled unconsciously, typically involved in training reflexive motor or perceptual skills.

Implicit memory is stored in *perceptual, motor, and emotional circuits*

Does not depend directly on conscious processes nor does recall require a conscious search of memory. This type of memory builds up slowly, through repetition over many trials.

E.g.: perceptual and motor skills and the learning of certain types of procedures and rules.

Different forms of implicit memory are acquired through different forms of learning and involve different brain regions.

- Fear (emotion) ---> amygdala,
- Operant conditioning ---> striatum, cerebellum
- Classical conditioning, sensitization, habituation ---> sensory and motor systems

Implicit memory can be Non-associative or Associative.

Implicit Memory: Associative or Non-Associative

Non-Associative Learning

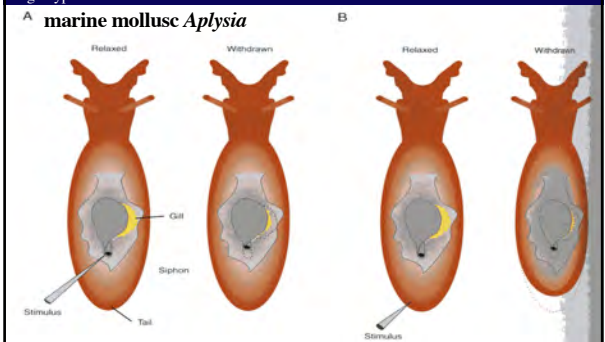
Habituation is defined as a reduction in the response to a stimulus that is delivered repeatedly.

Dishabituation refers to the restoration or recovery of a habituated response due to the presentation of another, typically strong, stimulus to the subject.

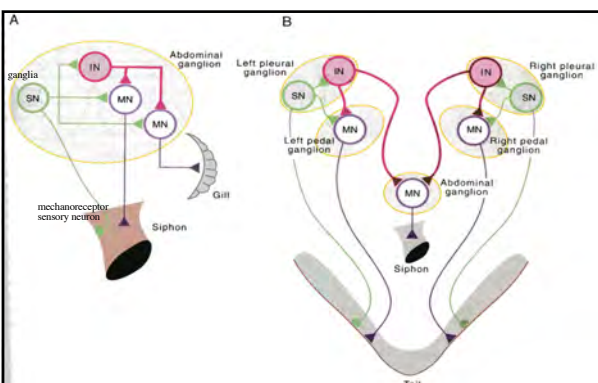
Sensitization is an enhancement or augmentation of a response produced by the presentation of a strong stimulus.

Implicit Memory: Non-associative learning: sensitization and habituation

Non-associative learning results when an animal or person is exposed once or repeatedly to a single type of stimulus.

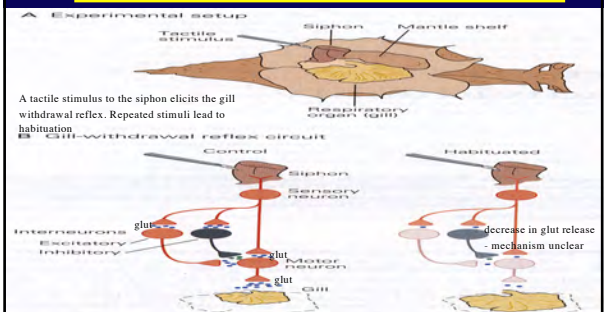


The siphon-gill and tail-siphon withdrawal reflex of *Aplysia* (invertebrate) (defensive reflexes)

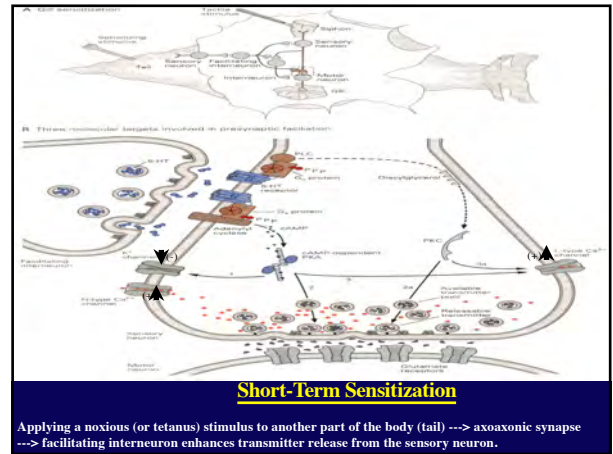
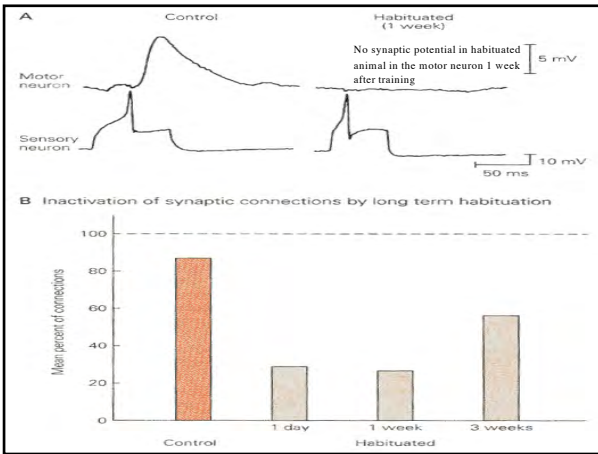


Simplified circuit diagrams of siphon-gill (A) and tail-siphon (B) withdrawal reflexes. SN = sensory neuron (mechanoreceptor), IN = interneuron, MN = motor neuron. (No modulatory/facilitating interneuron (5-HT-release and acting on SN-axon) shown here)

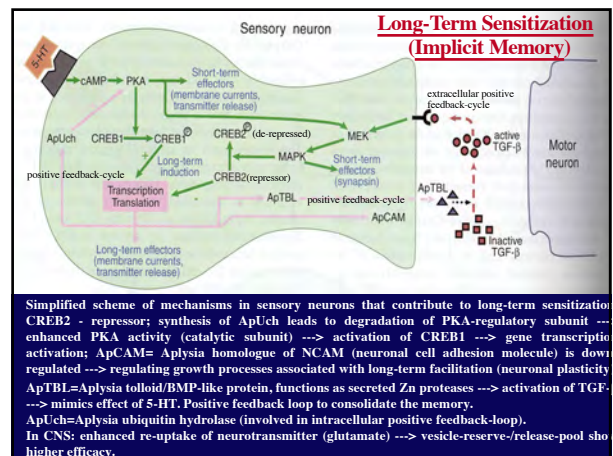
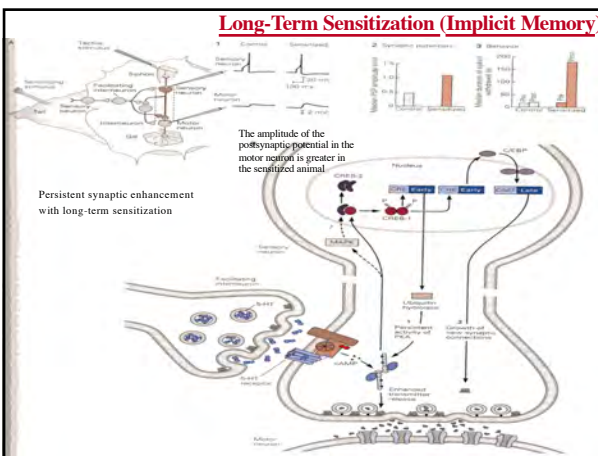
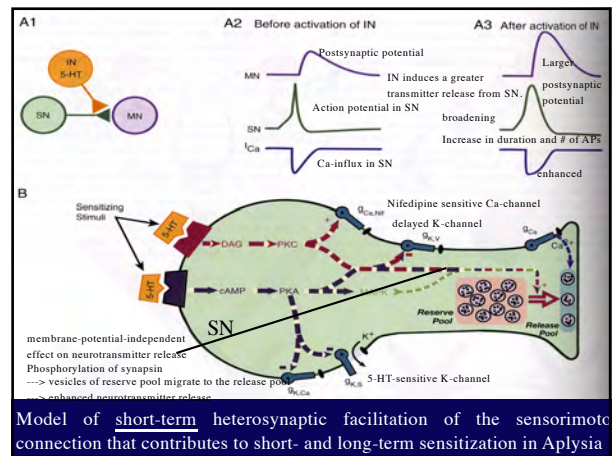
Cellular mechanisms of non-associative learning



Habituation (implicit learning) involves an activity-dependent pre-synaptic depression of synaptotransmission. Habituation: if the stimulus is neither beneficial nor harmful, the animal learns, after repeated exposure, to ignore it. Postsynaptic (non-) NMDA-receptor sensitivity unchanged - neurotransmitter release reduced = cellular mechanisms mediating the short term memory for habituation; homosynaptic process; if decrease in synaptic strength is a direct result of activity in the sensory neurons and their central connection in the reflex pathway.



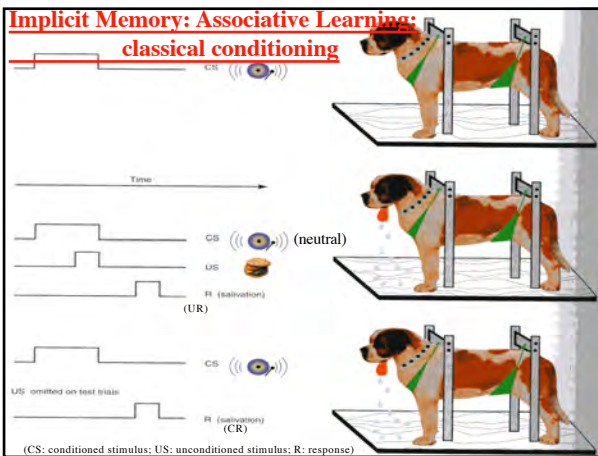
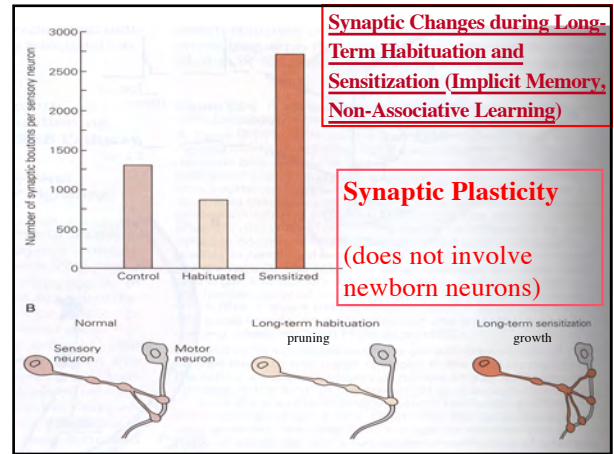
Short-term sensitization (minutes) is induced when a single brief train of shocks to the body wall results in the release of modulator neurotransmitters, such as 5-HT, from a separate class of interneurons referred to as facilitatory neurons. These facilitatory neurons regulate the properties of the sensory neurons and the strength of their connections with postsynaptic interneurons and motor neurons through a process called heterosynaptic facilitation.



Long-term sensitization (at least 24 hrs) requires a more extensive training period over an hour or more.

Long- and short-term sensitization share common cellular pathway during their induction, but in the long-term form activation of cAMP/PKA induces gene transcription, new protein synthesis and growth/(pruning(habituation)) of synaptic connections.

The process by which transient short-term memory is converted into a stable long-term memory is called consolidation. Consolidation of long-term implicit memory for simple forms of learning involves gene transcription, new protein synthesis and growth/(pruning(habituation)) of synaptic connections.

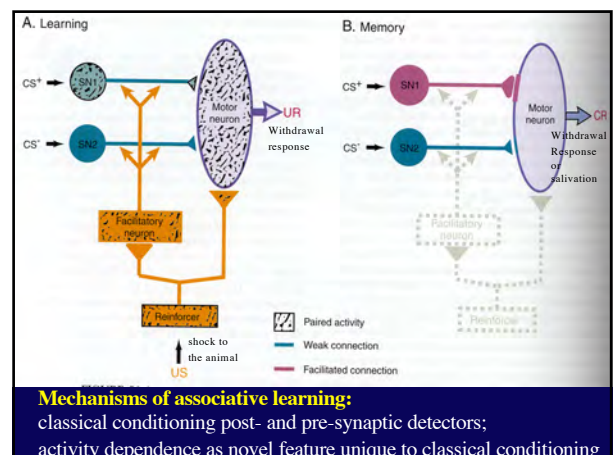
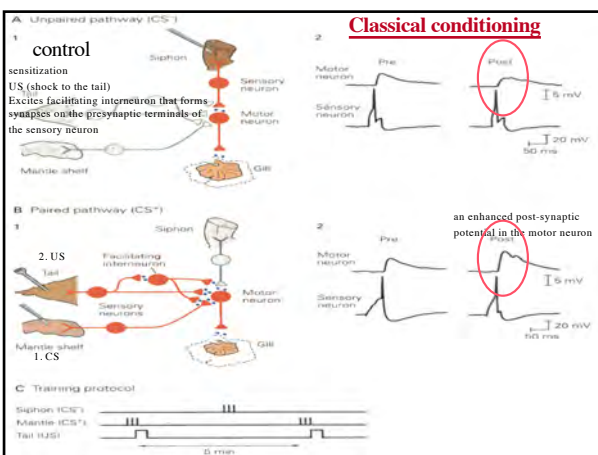


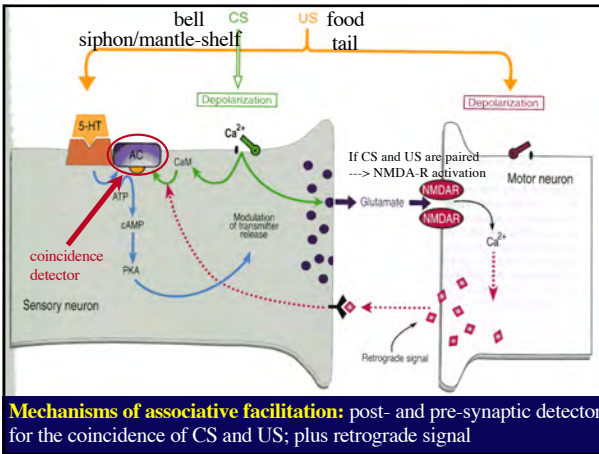
Implicit Memory: Associative Learning: classical conditioning

involves the formation of associations among stimuli and/or responses

classical conditioning is induced by neutral stimulus (conditioned stimulus (CS)) and paired with a stimulus that generally elicits a response, termed an unconditioned stimulus (US)) (food <---> salivation (reward classical conditioning)).

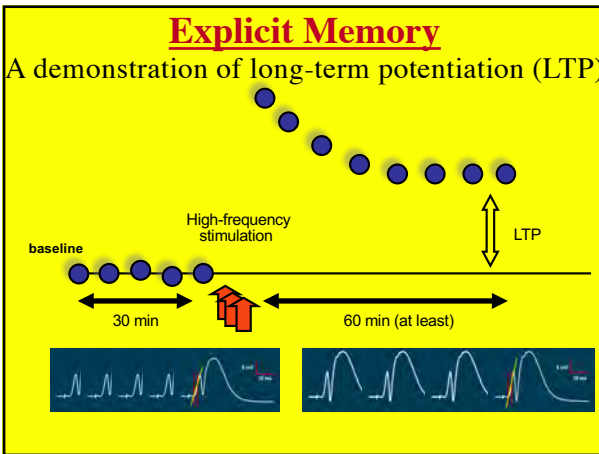
Instrumental (operant) conditioning is a process by which an organism learns to associate consequences with its own behavior. In an operant conditioning paradigm, the delivery of a reinforcing stimulus is contingent upon the expression of a designated behavior. The possibility that this behavior will actually be expressed is then altered.





Conceptualizing Memory Systems

- A. Sensory Memory**
 - Duration: milliseconds
 - Capacity: practically unlimited
- B. Short-Term Memory (STM)**
 - Duration: seconds, unless information is rehearsed or otherwise held
 - Capacity: limited to 7 ± 2 bits of information
- C. Long-Term Memory (LTM)**
 - Duration: relatively permanent (?)
 - Capacity: practically unlimited
 - Neuropsychologists are most concerned with LTM

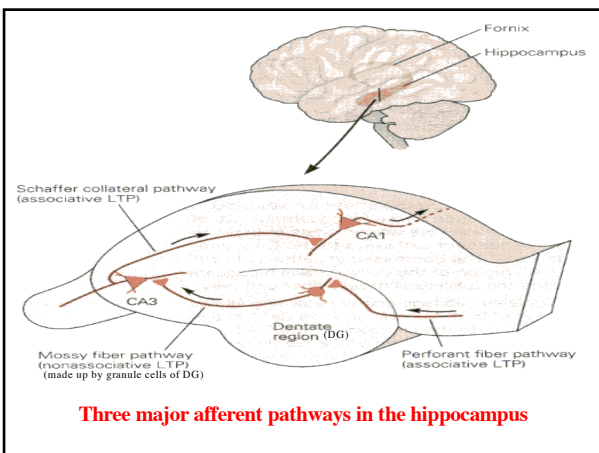


Explicit Memory in Mammals (vertebrate) involves Long-Term Potentiation (LTP) in the Hippocampus

LTP - persistent increase in synaptic strength (as measured by the amplitude of the EPSP) that can be induced rapidly by a brief burst of spike activity in the pre-synaptic afferents. LTP → plasticity → memory

Long Term Potentiation

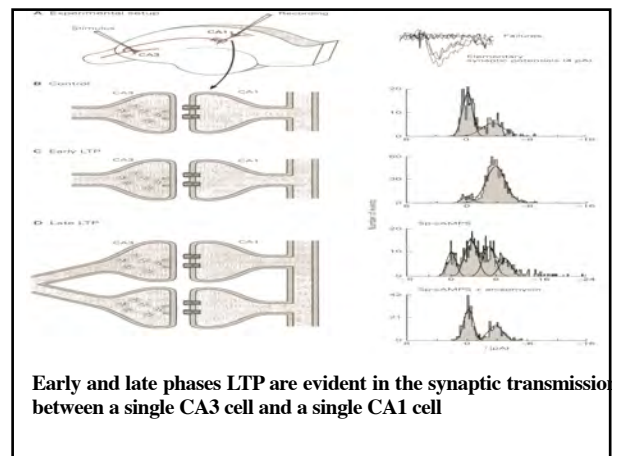
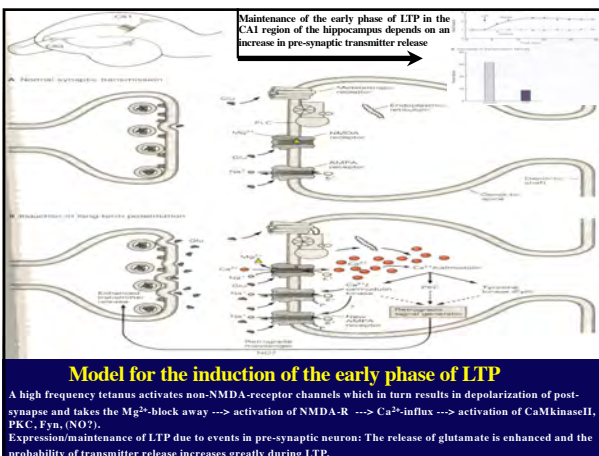
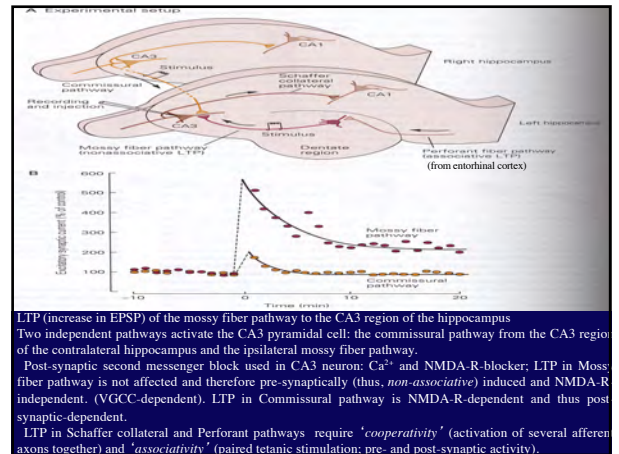
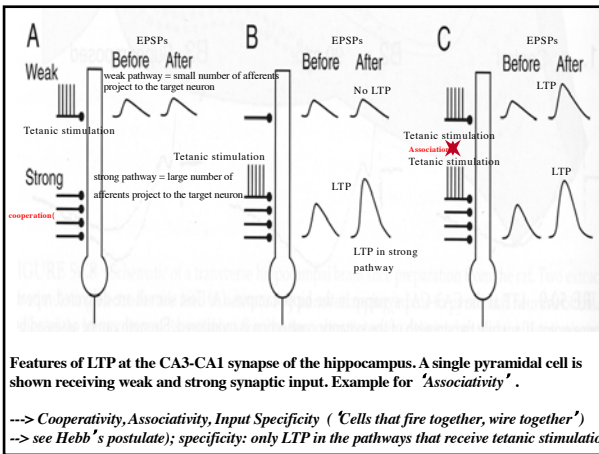
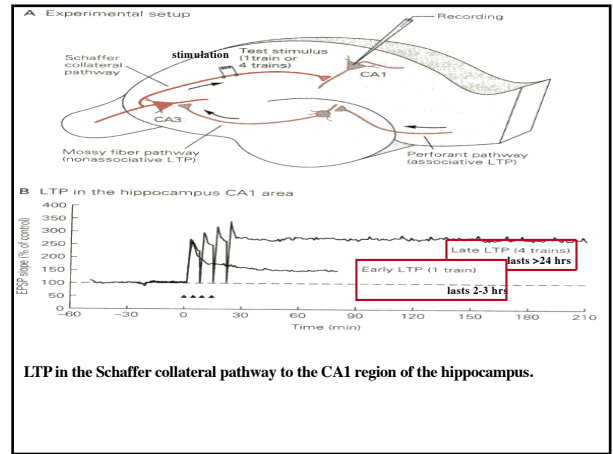
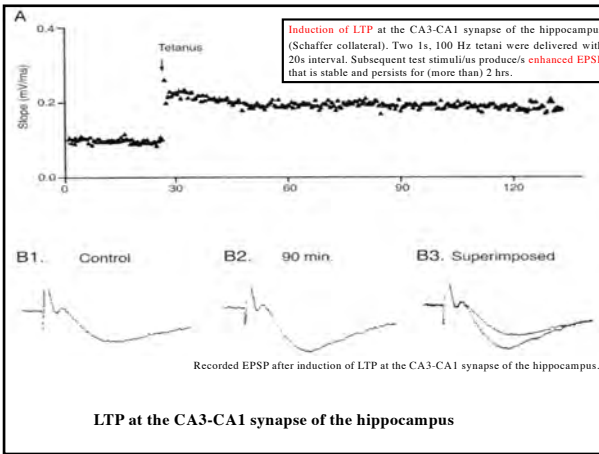
LTP is the term used to describe a remarkably long-lasting (hrs weeks) enhancement of synaptic transmission (persistent increase in synaptic strength as measured by the amplitude of the EPSP in the follower neuron) that occurs at various CNS synapses following short (conditioning) burst (brief train of stimuli, tetanus) of presynaptic stimulation, typically at about 100 Hz for 1 sec.. It increases the excitatory postsynaptic potential in the target neuron. This facilitation is called LTP.

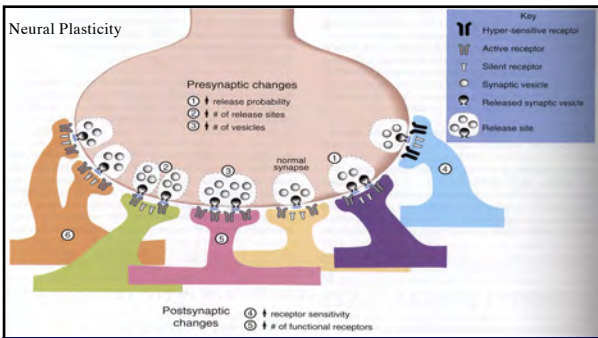
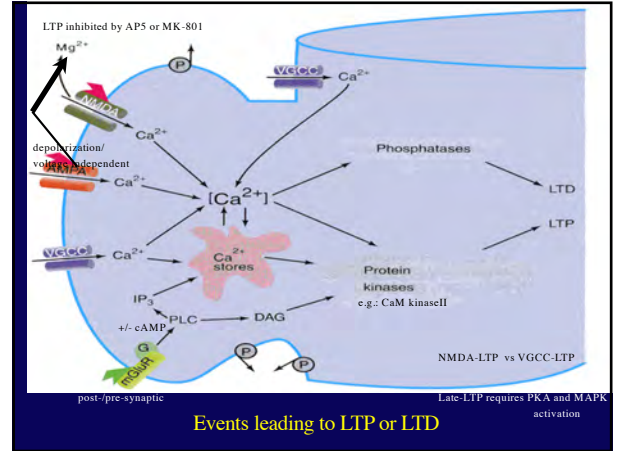
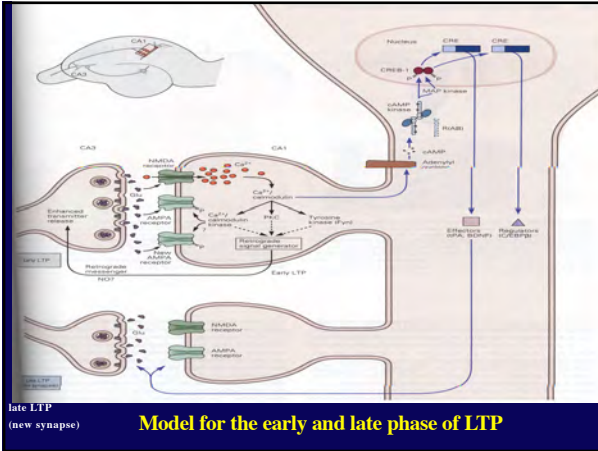


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Brief, high frequency stimulation of the perforant pathway input to the dentate gyrus can produce long-lasting enhancement of the extracellularly recorded field potential. LTP can last for weeks or even months.





Schematic representation of possible loci for cellular changes involved in the enhancement of synapt efficacy.
 1) Increase of transmitter release probability, 2) Increase of number of release sites at the pre-synapt neuron, 3) Increase of numbers of vesicles available for release even the probability does not increase compared to normal or 1), 4) increase in receptor sensitivity at the post-synapse, 5) increase of # functional receptors at the post-synapse, 6) coordinated pre- and postsynaptic morphological change (growth of new synaptic contacts between the same pair of neurons --> plasticity).

Neural mechanisms of LTP

- Induction of LTP
 - Activation of NMDA receptors by specific patterns of pre- and post-synaptic activity.
 - Triggering of calcium-dependent second-messenger systems.
- Expression of LTP
 - Trafficking of AMPA receptor proteins to the membrane.
 - ? Activation of intercellular messenger molecules (NO, arachadonic acid)
- Persistence of LTP
 - Translocation of signalling molecules to the cell soma
 - Relevant gene activation and synthesis of mRNAs and 'plasticity-proteins'
 - Distribution of mRNAs and plasticity proteins to synapses to enable stabilisation of the potentiated state.

LTP expression: increase number of functional AMPA-R and an increase in transmitter release.

early LTP maintenance: increase of substrate phosphorylation mediated by PKC and CaM kinaseII.

late LTP maintenance: induction of gene expression and protein synthesis.

taking-home message

- ???

taking-home message

- Memory - Explicit (Semantic & Episodic) and Implicit

taking-home message

- Memory - Explicit (Semantic & Episodic) and Implicit
- both, semantic and episodic knowledge are the result of at least four related but distinct types of processing: encoding, consolidation, storage, and retrieval.
- Brain areas involved: esp. Hippocampus / enthorinal cortex / limbic system
- LTP and neural plasticity as important mechanisms

taking-home message:

Neural mechanisms of LTP

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taking-home message

One more point

The outcome in late LTP (explicit memory) and long-term sensitization (implicit memory) is the same - strengthen of the synaptic connections: synaptic plasticity (formation of more synapses)