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ATOM AND OUTER ELECTRONS	USUAL NUMBER OF COVALENT BONDS	TYPICAL BOND GEOMETRY	
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·ö·	2	Ä	
·š·	2, 4, or 6	,s,	
٠Ņ٠	3 or 4	~ <u>``</u> \	
	5	₽ 	
٠ċ٠	4	,	



























		DIIDINES			
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BA	SES	ADENINE(A)	GUANINE(G)	CYTOSINE(C)	URACIL(U) THYMINE(T)
Nucleosides {	∫ in RNA	Adenosine	Guanosine	Cytidine	Uridine
	in DNA	Deoxyadenosine	Deoxyguanosine	Deoxycytidine	Deoxythymidine
Nucleotides	∫ in RNA	Adenylate	Guanylate	Cytidylate	Uridylate
	lin DNA	Deoxyadenylate	Deoxyguanylate	Deoxycytidylate	Deoxythymidylate
Nucleoside m	onophosphates	АМР	GMP	СМР	UMP
Nucleoside di	phosphates	ADP	GDP	CDP	UDP
Nucleoside tri	phosphates	ATP	GTP	СТР	UTP
Deoxynucleos	ide mono-,				

COMMON NAME OF ACID (IONIZED FORM IN PARENTHESE	CHEMICAL FORMULA				
SATURATED FATTY ACIDS					
Myristic (myristate)	C14:0	CH ₃ (CH ₂) ₁₂ COOH			
Palmitic (palmitate)	C16:0	CH ₃ (CH ₂) ₁₄ COOH			
Stearic (stearate)	C18:0	CH ₃ (CH ₂) ₁₆ COOH			
UNSATURATED FATTY ACIDS					
Oleic (oleate)	C18:1	CH ₃ (CH ₂) ₇ CH=CH(CH ₂) ₇ COOH			
Linoleic (linoleate)	C18:2	CH ₃ (CH ₂) ₄ CH=CHCH ₂ CH=CH(CH ₂) ₇ COOH			
Arachidonic (arachidonate)	C20:4	CH ₂ (CH ₂) ₄ (CH=CHCH ₂) ₂ CH=CH(CH ₂) ₂ COOF			

(a) NAD⁺ (nicotinamide adenine dinucleotide) is reduced to NADH by addition of two electrons and one proton simultaneously. In many biological redox reactions (e.g., succinate to fumarate), a pair of hydrogen atoms (two protons and two electrons) are removed from a molecule. One of the protons and both electrons are transferred to NAD⁺; the other proton is released into solution. (b) FAD (flavine adenine dinucleotide) is reduced to FADH₂ by addition of two electrons and two protons. In this two-step reaction addition of one electron together with one proton first generates a short-lived semiquinone interemediae (not shown), which then accepts a second electron and protons.

A few universal carriers collect electrons from the stepwise oxidation of various substrates

Cellular oxidation of a nutrient occurs via stepwise reactions (pathways) for efficient energy transduction.
NAD⁺, NADP⁺, FAD, and FMN are universal reversible electron carriers (as coenzymes of various enzymes).
NAD and NADP are dinucleotides able to accept/donate a hydride ion (with 2e⁻) for each round of reduction/oxidation.

NAD (as NAD⁺) usually acts in oxidations and NADP (as NADPH) in reductions.

In each specific NAD- or NADP-containing dehydrogenase, the hydride ion is added/taken stereospecifically from one side (A or B) of the nicotinamide ring (*example of extreme stereospecificity*).

FAD or FMN is able to accept/donate one or two electrons (as hydrogen atom), with absorption maximum for the oxidized and reduced forms being 570 nm and 450 nm respectively (*they also act in such light receptor proteins as cryptochromes and photolyases*). NAD and NADP can easily diffuse out of the enzymes, but FMN and FAD are tightly bound to the enzymes (thus being called *prosthetic groups*, and the complex proteins being called *flavoproteins*).

NADH and FADH₂ will be further oxidized via the respiratory chain for ATP production.

ADP is commonly present in all these universal electron carriers (as well as in Coenzyme A and ATP).

